



To those who've served:

Inside this insert, you will find a handful of information to help you and your loved readjust to life after deployment.

There are numerous sources of assistance available to the Soldiers and families of Fort Bragg. Some of these sources include Army Community Services, the Family Advocacy Program, the Chaplains' Office and www.militaryonesource.com.

Our wish, at the Paraglide, is that you all have the smoothest transition from deployment to home life as you possibly can.

You are our heroes. Without the sacrifices and hardships you and your families have endured, our continued safety and freedom would not be possible.

Thank you for facing what so many others are unwillingly to face. Thank you for leaving your loved ones, your home and your country to fight for a better world.

The staff at the Paraglide cannot even begin to express our unending gratitude for all that you do.

Sincerely,
The Paraglide Staff

Alithone *SRMS*
Kamryn Kuzyski *Ryan*
Shayla *A. Rowden*
Steph Newman *May Rose*
Jenny Aubrey

