

Fort Bragg BLOOD DONOR CENTER

Most of us will require a blood transfusion at some point in our lives. The military blood program, of which the Womack Army Medical Center is a part, provides needed blood for the military around the world, as well as for all patients in military hospitals.

To do this, the Fort Bragg Blood Donor Center must collect approximately 667 units of blood each month. In order to ensure that patients who need blood can have access to it immediately, there must be a ready supply on hospital shelves. After natural disasters and other tragedies, people tend to donate more blood.

However, it is the people who donate regularly whose blood saves lives during emergency situations because it is there waiting on the hospital shelves.

Donating blood is a simple way for almost anyone to save up to three lives. The actual donation only takes about 10 minutes, but there are some steps that come before and after donation that keep donors and the blood supply safe and healthy. The amount of time required to complete the process varies by site and the number of

people donating that day, however, every effort is made to get donors in and out as quickly as possible. Expect to go through the following steps: prescreening, registration, physical assessment, interview, blood donation and refreshments.

During the prescreening step, a member of the BDC staff will discuss some of the most common reasons potential donors may not be able to give blood. This allows donors to ensure they meet the basic criteria before going through the rest of the process.

During the registration step, donors present photo identification and have their demographic information entered into the Defense Blood Standard System. This information is then printed onto a form with questions for donors to answer. The questions help determine if there are other factors (medications, foreign travel, etc.) that should be considered before donation.

The blood donation step is easy! The technician will do most of the work. Donors typically experience slight discomfort, but many say it hurts less than a paper cut. For more information, call 396-9925.



Serving Those Who Serve Our Country

Fayetteville State University has never made earning a college degree easier for our military personnel at Fort Bragg and Pope Air Force Base. Classes are offered at the Fort Bragg Campus or online. Degree programs offered include:

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Education

History

Psychology

Sociology



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