

Occupational THERAPY



Occupational therapy helps Soldiers and their family members develop, maintain and restore healthy lifestyles in order to prevent disease, restore function, and compensate for dysfunction in the psychosocial, physical and developmental areas.

Occupational therapy has been a part of the Army Medical Specialist Corps since its inception in the Army in April 1947. Occupational therapists have a long proud history of service dating to World War I, when they were called reconstruction aides. Since that time, Army occupational therapists have served throughout the world in times of war and peace.

The practice of occupational therapy impacts all aspects of the Army. Occupational therapists in the Army can be

found in the clinical environment and on the battlefield.

Areas of practice include neuromusculoskeletal evaluation with emphasis on upper extremity evaluation and treatment, traditional rehabilitation, psychiatry (particularly combat stress control), and ergonomics. The treatment methods and equipment in Army occupational therapy clinics are state-of-the-art. Occupational therapists diagnose and treat living impairments, upper extremity injuries or mental-health disabilities.

Stop by the occupational therapy education booth during Retiree Appreciation Day and learn more about this fabulous profession.



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