

SIDELINES

Flag Football

The Post Flag Football Tournament will be held at various physical fitness centers and fields across Fort Bragg from today through Nov. 16.

For more information, call the Sports Office at 396-1217.

Soccer players needed

Bragg United F.C. is recruiting new players and assistant coaches.

Those interested should contact David Kelley at 717-3363 or Anthony Recinos at 578-8597.

Wrestling events

■ The Amateur Athletic Union and USA Rhino Wrestling Club is accepting registrations for the 2006/2007 wrestling season. Club memberships are open to boys and girls from four to 18 years of age. Multiple membership types are available.

Please check our Web site www.rhinowrestling.org for more information.

Registrations will be held Monday and again on Wednesday from 6 to 8 p.m. at Jack Britt High School. For more information, call Marty Bartram at 824-0024.

■ The Post Wrestling Tournament will be conducted Nov. 6 through 8 at Ritz-Epps Physical Fitness Center at 6 p.m. each day. To enter, participants will be required to weigh-in on Nov. 6 at Ritz-Epps PFC from 7 to 8 a.m. or noon to 1 p.m. The tournament, which is open exclusively to active-duty personnel, will employ freestyle rules. Wrestling mats will be available for training at Ritz-Epps PFC. To enter, participants are encouraged to submit an entry form to the Sports Office, Building 4-2843, Normandy St., fifth floor, Wing B.

Entry forms may be faxed to the Sports Office at 396-1216 or entry information can be e-mailed to steve.johnson3@us.army.mil.

■ The Fayetteville-Cumberland County Parks and Recreation is accepting registrations for youth wrestling at all recreation centers now through Nov. 12. Registration costs \$20 for children ages 5 through 12.

For more information, call 433-1396.

Adult, Youth Basketball Clinic

Fayetteville-Cumberland County Parks and Recreation will hold the adult and youth basketball officials' clinic for the winter athletic season starting Dec. 16 from 1:30 to 3:30 p.m. at the Kiwanis Recreation Center on Devers Street. Those interested in becoming an official can contact James Parker at 433-1392 or 257-1729 or Fred Clark at 988-1563.

All American Trail closed

Fort Bragg's All American Trail is closed for deer hunting season and will re-open Jan. 2, 2007. For more information, call 396-5979.

Submit Sports Items

Readers participating or competing in sporting events, or who have children participating in sports-related activities, can E-mail the Paraglide editor at braggparaglide@conus.army.mil and tell us about your sporting event.



photos by Michelle Butzgy/Paraglide

Hason Montoya, left, and Daryl Allen collide into the rink wall during the Company C, 1st Brigade Special Troops Battalion, 82nd Airborne Division broomball game Oct. 27 at the Cleland Multipurpose Sport Complex.

Broomball: Cure for the PT blahs

by Michelle Butzgy

Paraglide

Day after day, it's the same old routine; pushups, sit-ups, flutter kicks and running. Company C, 1st Brigade Special Troops Battalion, 82nd Airborne Division decided to do something different for physical training — play broomball at the Cleland Multipurpose Sports Complex.

Broomball is a sport similar to hockey except players use a "broom" or a stick with a wedged end, a round ball and sneakers. The object of the game is to get the ball into the opponent's goal cage.

The Cleland Multipurpose Sports Complex has been providing broomball as a substitute for PT for a few years, according to Minnie Green, recreation assistant. "We provide the equipment and they pay a \$10 fee," said Green.

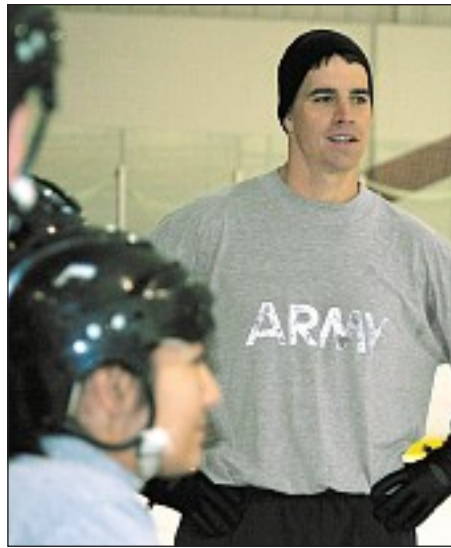
After formation outside of the complex, Stephen Smith, the first sergeant for 1st BSTB, explained the rules to the unit. "This is our first time playing broomball," said Kirk Shriver. "This is out of the normal PT of running, pushups and sit-ups."

The unit was separated in two teams, the white and black helmets. Players grabbed helmets, sticks and put on elbow and kneepads. As players scrambled into position, Smith tossed out the first ball. Both teams slid, slipped and glided towards the ball, most falling flat on the ice. Substitute players on the sidelines laughed and cringed watching their teammates try to navigate the ball towards the goal. After the first half full of near collisions and full-body slides, both teams gained a steadier foot on the ice and better control of their broomsticks.

After an hour of play, the "whites" outscored the "blacks" 2 to 1. The winning team was rewarded with counting the black helmet team's flutter kicks on the ice. "I thought this was fun. It was pretty vigorous," said Matthew Clark. "It was a good break from operations, sometimes you need to take a break," he said.



Ryan Farrar assists goalie Christopher Barbain after a White Helmet makes an attempt at the goal.



Mike Donahue discusses strategy with the Black Helmet team during a five minute break at halftime.



The Black Helmet team lost 2-1 and had to do flutter kicks while the White team counted.

Golfers swing for Gold Star families at annual tournament

by Spc. Jim Wilt

82nd Abn. Div. PAO

SOUTHERN PINES, N.C. — Ninety golfers hit the links at the National Golf Club during the 5th Annual National Patriot Senior Invitational golf tournament Oct. 21 through 23.

The pro-amateur tournament was held to benefit two charities, which contribute to Army Gold Star families.

Twenty thousand dollars was split between the 82nd Airborne

Division's America's Strategic Response Force Fund and the Special Forces' Unit Scholarship Fund.

According to the competition's organizers, Spike Smith and Chuck Deleot, since the tournament's inception, more than \$50,000 in proceeds have been donated to the USF and more than \$20,000 has been donated to the ASRF Fund.

"Everybody is here for one reason — to support the fabulous work being done at Fort Bragg," Deleot said.



photo by Spc. Jim Wilt/ 82nd Abn. Div. PAO

Tom Deleot, a competitor at the National Patriot Senior Invitational, chips a ball out of a sand trap in a spray of sand.